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## Letter from the President



Greetings,

The biggest challenge for all of us living near the Center this winter has been keeping up with a concentration of winter storms we have not seen for some time. At the Center, Tim Beaugard has kept very busy with snow removal, keeping our driveways and walkways navigable. At one point in time, our entrance and exit to the main road were bordered by huge snow piles that obscured visibility of oncoming traffic. The Town of Craftsbury responded quickly with their big bucket loader and helped to make the busy entrance and exit to the Center much safer. Hats off to our much appreciated Craftsbury road crew!

As we head into town meeting and sugaring season it is so good for the residents and staff to enjoy more natural sunlight as it finds its way to our sun room in the morning and the community room in the afternoon hours.

We are also closing in on our traditional Sugar-on-Snow celebration this March 30<sup>th</sup> from 2:00-4:00 with raffled items and Lucky Draw for so many tasty baked goods. The Sugar-on-Snow is a chance to visit with area folks you may not have seen for some time, as well as the residents and staff of the Center. We look forward to hosting this annual gathering and very much appreciate the generosity of those participating in the raffles.

This year the board of directors had set a new goal for our Annual Appeal based on a consistent three-year trend of increasing operating expenses linked directly to an increase in the average age of our residents. So far this year, response to our 2018/19 Annual Appeal has been very positive. We are eternally grateful to the individuals and businesses in the community that have responded with donations for this vital annual income source.

The board has been active this year with a focus of developing the Center's financial position to one that will endure future challenges. Our newly formed development committee has been working on establishing a perpetual endowment fund as well as opportunities for other planned giving to the Center. The board recently hired a grant writer to assist in the funding of key projects. Our ways and means committee is also looking into a trail running event the Center hopes to host each fall.

The Craftsbury Community Care Center could not be the asset it is without you, its friends and community members. We are forever grateful.

For the board of directors,  
Mark McAndrew

Craftsbury Community Care Center, Inc. is a 501(c)3 organization and Equal Housing Opportunity Facility.

Our mission is to provide a caring, homelike affordable residence for seniors, in a setting that encourages independence, activities and involvement with families, friends and the larger community.

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## Sugar on Snow Party - March 30, 2019

**2 - 4 PM at CCCC**

Come one, come all to the Annual Sugar on Snow Party. No matter the weather outside you can count on it being sunny inside. This year's event will be on the last Saturday of March and promises to be another fun gathering for the residents, their families, and for the community. There is no admission fee. We are fortunate to again have Louise Calderwood's expertise boiling the syrup to the perfect stage. There will be donuts and dill pickles to go with the sugar on snow.

This year's raffle prizes are featuring local artists' remarkable work and are exceptional. Dave Brown has handcrafted a beautiful wooden bowl from white birch. Liz Nelson has again given us a framed print titled "Last Snow" which is a snowy landscape in the area. There is a colorful, applique children's quilt made by Vaughn Rinaldi. A box of greeting cards designed and made by Emma Pudvah, a former CCCC Board member are a unique and special addition. The raffle tickets sell for \$1 a piece or 6 for \$5 and are available now at CCCC, from any board member or at the event.



The Lucky Draw will feature a wide variety of baked goods including bread, pies, cakes, cookies and other scrumptious items. In addition, for the second year there will be a special Lucky Draw table only open for children and featuring items that appeal especially to them. Last year we had 22 children participating. Drawing for these gourmet treats will begin at 3:00 and you must be present to win. It's a great community event and a good time will be had by all.

**LOOKING FORWARD TO SEEING YOU ON SATURDAY, MARCH 30<sup>TH</sup>**

## Development Committee Formed

In the last five years dramatic changes have taken place at the CCCC. The facilities have been upgraded and our rooms are almost always full. With generous community support, we seemed to be on a firm footing. The world has changed, however, and our situation with it. Many incoming residents are older and less self-sufficient than in the past and their need for care has increased. With these changes come needs for increased staff, healthcare benefits for staff, services, equipment and supplies. More employees are choosing to have their health insurance with us. Reimbursement for Medicaid residents has not increased so it covers a smaller proportion of the cost.

In recognition of these needs, the Board of Directors of the Care Center has formed a Development Committee for the purpose of strengthening the financial position of the Center for the present and for future years. Among the activities undertaken by this committee are included expanding our annual appeal, seeking and applying for grants to fund specific projects, establishing an endowment fund and promoting legacy giving.

The Board recently and unanimously passed a resolution to establish an endowment fund. The work has begun to create guidelines for setting up a secure fund that will help supplement our income stream into the future. All Board members have committed to contribute as a starting point for the fund. We will be asking donors for support in the near future and are encouraging donations of stock, RMD's (required minimum distributions) from IRA's, and memorial gifts. If you would like to be one of our donors to the endowment fund or to give a memorial gift, please give Kim a call at the CCCC and she can update you as to our progress.

## Resident Highlight — Ann Dorworth

Anne Dorworth came to live at the Care Center 3 years ago. Born in Illinois, eldest of 3 children, the family soon moved to Townsend, Maryland near Washington, DC where her parents were employed in insurance and real estate. From age of 13 onwards to the present Anne and her family have lived in Vermont for part of every summer. Her father had purchased a farmstead on Shadow Lake Rd that became a much-treasured focal point for annual family gatherings. She returned to Illinois to attend MacMurry College where she met Burke, her husband-to-be, who was a student at a near-by seminary.. They married following their graduations, "...the best decision of my life." Burke's career as a Presbyterian minister was largely devoted to Social Justice and Race Relations. He and Anne were very active in the Civil Rights movement of the 1960's, such as voter registration campaigns in the South. They even picketed the White House to advocate for civil rights, and later to advocate for establishing the Head Start program for children. Anne was then employed as a teacher for Head Start for the next 20 years. She next became a school counselor and was licensed as a therapist for children's play therapy. Burke retired in 1996 and Anne retired in 2000 which allowed the couple to spend more time in Vermont. They built a new house next to the old farmhouse on Shadow Lake Rd. Sadly, Burke died in 2003.



Anne and Burke had 2 children who live some distances away but who still regard Vermont as a base in their lives. Her daughter lives in Thailand where her husband is an Army physician developing programs for treatment-resistant malaria. They have 2 children who regularly visit their grandmother in Vermont, and who hope to come to this area for college. Anne's son lives in South Carolina where he is employed in the solar energy industry.

Anne speaks with a glowing enthusiasm as she recounts the stories of her life "...which has been so rich in wonderful experiences and relationships". She is an engaging conversationalist. Her room nearly overflows with books and boxes of periodicals, and a laptop computer sits open in the center of her desk, all serving her longtime interest in history and current events. Of the many activities available for residents of the Center, she especially values the summer weekly performances by the Craftsbury Chamber Players. She greatly appreciates the home-like environment of the Craftsbury Care Center, with special praise for the staff who provide exceptional care, skills and personal attention. For many years her health and mobility have been challenged by an orthopedic spinal condition which has gradually lessened her mobility. She says simply that "...this is a very good place to be!"

## Annual Appeal

Thanks to the wonderful support of our community, we are nearing our goal of \$60,000 this year. This was a very optimistic and ambitious goal which will not only help us meet expenses but pursue improvements to the Care Center. Among the ideas we are exploring this year is an automatic door opener for the front entrance, a "call bell" system which is a wireless emergency call system for each resident, and a walking path for residents. In addition, as our building ages every year there are maintenance issues that need to be addressed.

Fewer than half of the people we sent an appeal letter to have donated. Realizing how busy it gets over the holidays, it is our hope you were distracted but will now mail a donation in the envelope included in the newsletter. We sincerely thank each and every one of you for your gift to the CCCC.

## Barb Flint – Staff Spotlight

When Barb Flint and her husband Jim moved to Craftsbury in 2012, she had been doing therapeutic recreation in two large nursing homes and volunteering at an assisted living home in Burlington. The Activities Director job at CCCC was vacant, and she was the perfect fit. “This is my dream job”, she told me. Barb enjoys matching programs and activities offered by community members with the interests of residents. This results in many diverse music, nature, travel, history, and art programs. A special favorite of Barb’s (and the residents) is the regular visits by the Saplings Childcare Center and the activities carried out together.



Barb grew up in St. Albans, VT in a family where she and her twin sister were the youngest of five children. Her mother was a nurse and her father, a prescription drug auditor. Because of their positive modeling, all five children have worked in healthcare. Barb's favorite activities are walking, swimming, reading and taking part in community and church life.

After graduating from Lyndon State with a degree in Human Services and Counseling and Therapeutic Recreation, she started her 30+ year career working with people of all ages. For twelve years she has worked with the elderly, for another twenty as an early child educator, and another period of time with teens. Barb and Jim raised two children in Burlington. Both children are now adults, married and with their own careers, Alison in New York City and Jon in Santa Cruz, California.

If you have something you'd like to share with residents of CCCC: perhaps music, a story, a craft or hobby, or time to read to a resident or drive someone to an appointment or event, call Barb and she will be delighted to arrange it.

## Lee Gestal — Volunteer Par Excellence

Anytime you stop by CCCC you may be greeted by a smiling man with a ready joke who is chatting with one or another resident. Sometimes he comes to get a passenger for shopping, a medical appointment or just an outing for a drive. Other times he's there to visit with one of his many friends.

Lee Gestal was introduced to CCCC by his longtime neighbors, Ron and Ruth Curtiss, who moved into the Care Center 4 years ago. He was used to visiting with them, enjoying hospitality in their kitchen. As they grew older, he would often take them for drives to enjoy the countryside. So, when they moved into the Care Center he continued his friendship and was always on hand for transportation to a medical appointment or an outing. Of course, they introduced him to their friends, and soon Lee was friends with staff and residents alike. He loves spending time with his new friends, who he finds to be very interesting people and takes great delight in the adventures they have together. He says “I gain more from my time here than others do”.



In his earlier life Lee worked in New York City for a short time, before being lured to Vermont. Here he lives in Albany and spent many years working at Ethan Allen in Orleans. He has a musically gifted daughter who introduced him to the rich musical community around Craftsbury as she took her to lessons and performances. He now considers being a friend and helper as his career.

# Craftsbury Community Care Center Photos



**Celebrating Chinese New Year**



**Retired Game Warden John Kapusta holding moose antlers**



**Thanks to Tim who keeps our driveway clear so we all can come and go!**



**Paul Roger's photos of the new statue of the Goddess of Agriculture on the State House**



**Watercolor painting with children from Saplings Childcare Center**



**Carol Ann Jones singing monthly**

# Upcoming Events



- **Tuesday, March 5 at 1 pm:**  
Singer Carole Ann Jones
- **Monday, March 11 at 4 pm:** Singer Corey Gottfried
- **Tuesday, March 12 at 10:30 am:** Singer Jim Currier
- **Wednesday, March 13 at 10:30 am:**  
Retired Fish and Game Warden John Kapusta
- **Thursday, March 14 at 1:30 pm:** Singer "Cooie" Carolyn DeFrancesco
- **Saturday, March 16 at 3 pm:** Irish Concert with Rich and Laura Atkinson
- **Monday, March 18 at 2 pm:** Musician Debbie Yacovone
- **Wednesday, March 20 at 10:30 am:**  
Historian Dave Linck, "What on earth is this?"
- **Saturday, March 23 at 10 am:** Nature Program with Anne Hanson
- **Tuesday, March 26 at 10:30 am:** Musician Ted Lambert, Tony Washburn & John Phelps
- **Saturday, March 30 at 2 pm:** Sugar on Snow Party



## Board of Directors:

- Mark McAndrew, President
- Jane Marlin, Vice-president
- Jenny Stoner, Secretary
- Carolyn Ryan, treasurer
- Ted Ceraldi
- Rob Dewees
- Norm Hanson
- Kathy Hemmens
- Jeanne Joslin
- Jim Jones
- Ed O'Leary
- Rebecca Young
- Anne Cassidy, honorary member
- Janet Long, honorary member
- Michelle Warren, Newsletter Assist.



## COOKOUT & AUCTION — July 27, 2019

In an effort to improve the event, we are looking for suggestions from our readers. What types of items or specific items would you like to see at the auction? Please email suggestions to [janemarlin47@gmail.com](mailto:janemarlin47@gmail.com).

## Executive Director:

Kimberly Roberge

