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## CCCC's Cookout and Auction Saturday July 28<sup>th</sup>

This year's event promises to be a very exciting and fun day starting with a noon meal featuring roast pork and turkey, cooked by Loren Darling and his able assistants. The heritage variety pigs were donated by Todd Hardie and raised by Sterling College. The meal has all the extras, baked beans, potato salad, green salad, coleslaw, rolls, cookies, and ice cream from the Kingdom Creamery truck. Cost is \$12 for adults, \$5 for children age 5-12 and under 5 years are free. You won't go away hungry.

Starting at 12:45 our wonderful Ron Sanville returns to run the auction. For the sports enthusiasts there are some very special items. The Celtics fans will be interested in a Celtic game ball signed by head coach Brad Stevens, or a game ball signed by all the team, or game shoes worn and signed by Terry Rozier, in addition to two Celtic game tickets. For Patriots fans there is a football signed by Chris Hogan. All the sports items have a letter of authentication. In addition to the sports items we have something that will appeal to everyone. There are many furniture items including a butcher block kitchen cart, plants, a cord of wood, housewares, local food items, services, rounds of golf, concert tickets and much more.

This is a major fundraiser for the Care Center and we look forward to seeing you. Your support by bidding on auction items makes a substantial difference to us and sets the pace for others in attendance to do the same.

We hope to see you on Saturday, July 28<sup>th</sup> at the Craftsbury Community Care Center for a fun time with your neighbors.

Craftsbury Community Care Center, Inc. is a 501(c)3 organization and Equal Housing Opportunity Facility.

Our mission is to provide a caring, homelike affordable residence for seniors, in a setting that encourages independence, activities and involvement with families, friends and the larger community.

**Craftsbury Community Care Center**  
1784 East Craftsbury Road  
Craftsbury, VT 05826  
**Phone:** 802.586.2414  
Email: [ccccenter@myfairpoint.net](mailto:ccccenter@myfairpoint.net)



## Letter from the President

Dear Friends of the Care Center,

Earlier this spring, the Center held its annual Sugar-on-Snow baked goods Lucky Draw. It dawned on me at the time that I had never been to any baked goods sale that had such an enthusiastic and strong-in-number attendance. It was not the first time I had seen this event at the Center, however it was the first time I had a moment to take it all in and reflect. In addition to the large number of donated baked goods, most revealing was how many familiar faces were in attendance. Besides the current residents, there were relatives of residents, both past and present, volunteer drivers for resident's transportation needs, volunteer musicians that had spent time entertaining the residents, off duty employees, board members and even pet therapy providers, as well as close and far reaching neighbors with no direct connection other than a geographical proximity. All these folks shared a genuine affinity for the Center. The Craftsbury Community Care Center was a local institution they truly cared about supporting. Folks gathered expressly to support the Center, and maybe relieve a nagging sweet tooth in the process. What an encouraging sight!



It is local support like the Sugar-on-Snow with all that social interaction that lends so much character to the Center in addition to keeping the day-to-day gears of the Center well-oiled and functioning smoothly. To this greater community of friends and family we are eternally grateful.

It is this same community that forms the nucleus supporting a much larger and even more socially oriented summer event, the summer Cookout and Auction. This year the auction will be held on July 28<sup>th</sup> at the Center and will feature some New England Patriot and Boston Celtics items: a football signed by Chris Logan, Celtics game shoes signed by Terry Rozier, a basketball signed by the entire Celtics team, a basketball signed by Celtics Head Coach Brad Stevens, and Celtics tickets. Other auction items include furniture, sports equipment, housewares, plants, various services, rounds of golf, concert tickets, and local food products. Come and join us in celebrating this significant, annual fundraiser.

Ironically, in preparation for writing this letter I was reading some summer news letters from past CCCC years to avoid being redundant, when I came across a comment by former board president Alan Parker. He explained how there had always been three basic goals of the Center's board of directors. Alan wrote the goals in bulleted format:

- How can we make the Center a better place for its residents?
- How can we improve the financial strength and management systems that will assure continued health and stability for the Center?
- How can we make the Center a better place to work for those who give their labors to their community?

It was Alan's insightful list of questions that reminded me why I feel so strongly about the Center, its residents, employees and volunteers. The application of these three criteria has been Alan's legacy to our board of directors. These three questions have become the litmus test by which current and future board members measure all direction and decisions we consider as a group. Alan's list has helped to maintain cohesiveness within our group that matches that of the community we serve. This year the board was excited to see the Center's Meals on Wheels program experience significant growth serving several more area seniors. We have been blessed with two new, talented board members Rebecca Young of West Glover and Rob Dewees of Irasburg. We have seen the driveways and parking areas re-graveled and stabilized with new top dressing. Various building and kitchen equipment upgrades have been spearheaded and executed by Tim Beauregard. Kim Roberge has done an exceptional job managing all facets of the Center, while keeping the board focused on important current and upcoming issues. New committees and subcommittees have been formed to fact find for answers to Alan's directional questions as we move into the future.

We wish all members of the greater 4C's family and friends to have a terrific summer season as we extend a heartfelt thank-you for your continued support and participation.

From the Board,  
Mark McAndrew  
Board President

## Tammy Benway — Staff Spotlight

Tammy Benway is employed at the Center as Team Leader for Personal Care Attendants (PCAs). With a ready-smile and her energetic-engaging manner, she needs no prompting in sharing her enthusiasm about her work. “This is truly a welcoming, caring and happy place. We are here for the Residents...”, for whom she adds with modesty, “... it is greatly rewarding, just to make a little difference in their lives.”



Tammy has been employed in care-giving services in a variety of settings for over 20 years. She was licensed as an LNA at age 18. Prior to coming to the 4C's in 2011 she held positions in private care assistance, a nursing home, and a daycare program. Her time at the 4Cs' was briefly interrupted to be a medical receptionist closer to home at the Hardwick Health Center. When the Team leader position at 4C's was created in 2017, she eagerly accepted this opportunity for significantly greater responsibilities. The responsibilities include leadership and coordination of the PCA team duties and schedules, oversight of medication disbursement to residents, exact and thorough daily records, making sure that sufficient supplies of medications and nursing supplies are always on hand. Communications with pharmacists and other health care providers by phone or laptop take up a goodly portion of every day. PCA's are not licensed to perform medical assessment but their seasoned observations of a resident's condition are crucial information for the registered nurse who is on-call 24/7, and for the resident's medical practitioner.

Tammy is a life-long resident of Hardwick. Her family is the primary focus of her life outside of her job at the 4C's. All of the family is involved in the sports and community activities of three sons ages 11 to 19. Her husband Jeremy has long-enjoyed his job in Stowe with a property maintenance and landscaping firm.

In closing, Tammy remarks that she wishes more young people could become interested and train for careers in health care assistance.

The 4Cs' is very excited and pleased to have Tammy as a key member of their team and looks forward to her sunny personality and strong desire to meet the needs of our residents.

— Norm Hanson

## Dorian Sarris — Volunteer Spotlight

Dorian Sarris, a professional pianist, performs once a month at the Craftsbury Community Care Center. Dorian grew up in Ohio, attended Oberlin College as a piano major and played professionally in Philadelphia and San Francisco for many years at the Fairmont Hotel and other venues. Dorian has a long-standing interest in classical architecture and currently sells real estate in Vermont. He is also a serious gardener and a MAJOR foodie. He currently shares his home in Craftsbury with his husband, Scott Inglis, and two collies and two horses.



Thank you, Dorian, for bringing your musical talents to the CCCC.

## Resident Highlight — Jane Greaves

I met Jane Greaves in her sunny corner room which is decorated with needlework and crafts made by Jane and family members and with photographs of her family and the farm in Walden Heights where she lived for 65 years before moving to the Care Center three years ago.

She grew up and graduated from high school in Cabot, but she had an adventurous spirit and at age 17 she moved to Concord, Massachusetts, where she worked as a cook for a family. She told me she didn't know much about cooking but the lady of the house knew even less, and Jane learned on the job. She enjoyed Concord and its history, she sang in the Concord Chorus, and met the woman who would be her best friend for 60 years. After about three and a half years, she learned about an opportunity to join group of young people bicycling and hostelng in Europe. She applied and was accepted, bought a bike, and trained for the trip which required riding 50 miles a day on a bicycle loaded with gear. The group traveled by ship from Quebec City and they visited France, Italy and Switzerland, ending in Paris. One of Jane's most vivid and tender memories is spending the last night with the group in their sleeping bags in a little park in Paris with the Perseids meteor shower exploding overhead.



After the trip, Jane came back to Cabot and married Frank Greaves whom she had known growing up. They moved to his farm in Walden Heights. He worked for a company constructing roads, eventually ending as a superintendent. But they also farmed - milking a dairy herd, haying, maple sugaring, growing a big garden. Jane did not grow up on a farm but she learned how to do all the hard work and chores that needed to be done. She milked cows for 35 years, starting with milking by hand before they had milking machines. They had four children, and Jane now has seven grandchildren and four great grandchildren. Her daughter Emma Pudvah, son Peter, and daughter-in-law Kim Greaves live nearby.

We looked at the various needlework pieces in her room. She used to knit and crochet and quilt and we talked about the enthusiasm of doing these projects. She said, "Anything you do with your hands, you have something to show for it." She is happy to be at the Care Center, where she does crossword puzzles, has someone who comes in and reads to her, and enjoys her collection of classical music CD's. As I was leaving, she said with a smile, "I believe I've had an interesting life and I wouldn't change any of it."

## The Family Perspective

Around 1-1/2 years after we lost my mother, my father wasn't very good. He was very depressed and thin. We decided to then sell the house and look for an assisted care facility. I had heard good reports about CCCC and decided to check things out. We were impressed after comparing it with other facilities and decided to try things here.

After almost two years here, it turned out to be a great decision. My father needed to be around other people, play games, and have someone give him his medications. They have everything you could need here. The food is very good, and my father has gained weight now. The staff is very nice and accommodating. All the other residents make you feel like "one big family". My father now knows he is never alone because at CCCC you are with your second family.

—Debora Cote, Donald Hislop's daughter

## Craftsbury Community Care Center Photos



**Singer Roger Waible**



**Hostess Linda Scott greeting at our annual High Tea**



**North Country Animal League visits with a dog**



**Reading, picnicking, swimming and enjoying the view at Crystal Lake**



**Award winning woodcarver of birds, Art Wolff**



**A summer dance with ribbon with preschoolers**

# Upcoming Events



- Tuesday, July 3: Singer Carol Ann Jones at 1 PM
- Saturday, July 7: Greensboro Parade at 10 AM
- Sunday, July 8: Gospel Country with Brenda Cruz and daughter Lauri at 3 PM
- Monday July 9: Pianist Dorian Sarris at 3 PM
- Friday, July 20: Care Center Prom at 2 PM
- Saturday, July 21: Ballet Wolcott at 10 AM
- Tuesday, July 24: Music with Tony Washburn and Ted Lambert at 10:30 AM
- Saturday, July 28: BBQ & Auction, starting at Noon
- Monday, July 30: Pianist Dorian Sarris



## Board of Directors:

- Mark McAndrew, President
- Jane Marlin, Vice President
- Jenny Stoner, Secretary
- Carolyn Ryan, Treasurer
- Cilla Bonney-Smith
- Ted Ceraldi
- Rob Dewees
- Norm Hanson
- Scott Inglis
- Jim Jones
- Jeanne Joslin
- Deborah McKinley
- Ed O'Leary
- Rebecca Young
- Anne Cassidy, honorary member
- Janet Long, honorary member

## Executive Director:

Kimberly Roberge

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