



November 2017

www.craftsburycommunitycarecenter.org

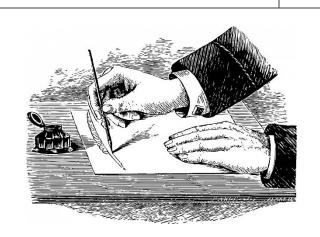
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Craftsbury Community Care Center, Inc. is a 501(c)3 organization and Equal Housing Opportunity Facility.

Our mission is to provide a caring, homelike affordable residence for seniors, in a setting that encourages independence, activities and involvement with families, friends and the larger community.

Craftsbury Community Care Center 1784 East Craftsbury Road Craftsbury, VT 05826 Phone: 802.586.2414 Email: ccccenter@myfairpoint.net



Letter from the President

Dear Friends of the Care Center,

Ah, the days of grace as they say. The leaves are about gone, Summer and Fall chores are winding down and, hopefully, no snow for a few more weeks. It's a good time to step back and reflect on the year. It is also the most important time of the year for the Care Center in our efforts to solicit support for our residents and facility.

Most of you have received a letter from us asking for your ongoing support of our endeavors to make the Center the best it can be. Your past support has allowed us to upgrade many components of our building such as new flooring, lighting, driveways and drainage. And, most importantly, your gifts allow us to provide top quality service to all residents, regardless of their income. You play a critical role in helping us keep our rates as affordable as possible. As costs continue to rise it is a never-ending challenge to maintain the level of care our residents deserve at a cost they can afford.

Your gift will help us continue to make care affordable and maintain the building to a high standard. Some of the things we hope to do in the near future are to replace the kitchen floors with something easy to maintain and more comfortable for the cooks to stand on and continue to replace and upgrade our appliances, many of which are quite old and inefficient. Your help is crucial in these efforts.

Enjoy the coming holiday season. Take time to share with family and friends and to count the blessings we have. Thanks to all of you for your support.

-Dan Hill for the Board

Resident Highlight — Ron Curtiss

When you walk into Ron Curtiss' room at the Care Center, you are immediately struck by two things - one is the Edison phonograph with its huge speaker horn and the other is all the jigsaw puzzles of nature scenes. These represent some of Ron's greatest interests - antiques, especially old music and record players, the world of nature, and his hobby of putting together jigsaw puzzles. He bought the phonograph in 1957 for \$25 and it is in perfect working order. He has over 100 cylinders and played one of them for me. He spent most of the 63 years of his working life working in the out of doors and the subject of his puzzles reflects his love of nature.

Ron was born in 1937 in Waterbury, Connecticut, and the next year his family moved to Cheshire, Connecticut, where he grew up and lived until he was in his 40's when he moved to Vermont. His grandparents were from Abitibi, Quebec and his grandfather



was a lumberjack who took Ron into the woods when he was 13 and began to teach him about the forest, nature and logging. Ron says he learned more from his grandfather than from all his years in school.

Ron was an only child and his father died when Ron was 14 and Ron began working then (although he did receive his high school diploma). He first worked on a local farm; the pay wasn't much but they fed him generously. He was a teenage boy and he loved to eat. Then he worked in a saw mill, next at the First National supermarkets for 16 years, and later worked for the state of Connecticut as a groundskeeper at UConn Waterbury for fifteen years while still living at home.

He first came to Vermont on vacation with a friend. He always loved the country and the woods and his friend encouraged him to buy some land. So he bought 35 acres in the town of Albany. Then he met Ruth and fell in love and they were married on October 6, 1984. They built a house on the land in Albany and had a close and loving marriage. Ron worked on the farm of Jim Jones, Ruth's son, milking cows, cutting wood, and sugaring.

Three years ago, health issues brought Ron and Ruth to live at the Care Center. Ron lost Ruth this past summer and, as we all know, he misses her very much, but he is very glad to be living at the Care Center, and says "I've got a home here." His granddaughter (Jim Jones' daughter) and her family now live at the house in Albany.

— Jeanne Joslin

Support CCCC When Shopping on Amazon

Anyone who uses Amazon please see below. Amazon has a program that when you purchase items from them they then donate to a non-profit organization all year long. No additional cost to you! Follow the link below or log on to smile.amazon.com and choose us as your charity for Amazon to donate to.

Support us when you shop this holiday season



Buy your gifts and holiday essentials at smile.amazon.com. You shop. Amazon donates.



Shop for everyone on your gift list this holiday at smile.amazon.com/ch/22-3205647 and Amazon donates to Craftsbury Community Care Center. THANK YOU!

November 2017 Annual Appeal

Thank you for so many generous gifts to the 2016 Annual Appeal for the Care Center. The Center received \$53,642 from 237 donors, well surpassing the goal of \$40,000. The residents, staff and Board of the Care Center are very grateful for the kindness of the donors in helping to 'make a life.'

Churchill's quote rings true. Making a contribution of financial resources or time and energy can help a donor make their own life more meaningful and fulfilling. And, such contributions to the Care Center help make the lives of the Center's residents more meaningful and fulfilling. The contributions to the Annual Appeal allow for creative programming like bowling in the Common Room, art projects, beautiful live music performances, seasonal celebrations, lectures and discussions and the occasional trip around the neighborhood in the open-air golf cart. Funds from the Annual Appeal allow residents to stay at the Care Center, even when their own financial resources are limited. Training encourages the staff to stay up-to-date with elder care best practices. All of this is possible because of the Center's generous donors. Thank you!

The Center is currently in the midst of the 2017 Annual Appeal. Our goal is \$44,000. Please consider how a contribution will make another's life more meaningful and fulfilling, while making your own life more meaningful and fulfilling as well. Please give generously.

Plan Ahead

Did you know that the Care Center has maintained a 95% occupancy rate for all of 2017? With an active waiting list, it's never too early to add your name to that list! If a room becomes available, and you're not ready to move to the Care Center, you can say, "Not yet!" and your name will remain at the top of the waiting list. Why not add your name now? Additionally, did you know the Care Center offers respite care services? (Respite care availability depends upon space availability.) For more information, contact Kim Roberge, Executive Director.

Lynne Birdsall and Ryke Loske — Volunteer Spotlight

If you stop in CCCC on the afternoon of the first Monday, you'll be greeted by the joyous sound of singing from the community room. This is the day, that for over 5 years, Lynne Birdsall and Ryk Loske bring their musical talents to share with their friends at the center. With Ryk on either guitar or banjo (depending on the song) and Lynne singing, they perform popular music of the early 20th century. They especially like music of this period for both the music and lyrics, by writers as familiar as Irving Berlin and as obscure Harry Woods. Audience participation as encouraged! Lynne and Ryk research each of the 16 songs they will perform during the hour, getting the lyrics of all verses and finding the stories of the songs' origins. Lynne finds the residents especially enjoy the stories of the lyrics and they love to sing along with the familiar choruses.

Lynne and Ryk first came to CCCC as part of a larger

musical group assembled by Skip Sedore and liked it so much, they decided to offer to come as a twosome, in addition to coming with the group. They find that sitting in a circle with residents in the community room feels like having a party in their living room, complete with joking together. Lynne commented that volunteering at 4Cs enriches their lives in many ways.

Ryk moved to Glover in 2001 and Lynne arrived in 2009, each bringing experience from varied careers. They were introduced by mutual friends in Glover, and the rest, as they say, is history. Lynne's jobs were mostly in higher education, with work in admissions at several institutions, including Sterling College. Ryk brings insights from being a cabinet maker, a postal worker and teacher of natural history. Together they make beautiful music which brings smiles and joy to our residents. Thank you, Lynne and Ryk. —Jenny Stoner

November 2017

4C's Annual Cookout & Auction

A sunny warm (and dry!) day welcomed over 250 guests to the 18th Annual Cookout and Auction on July 22, fulfilling expectations once again for a delightful "coming –together" of Community friends in support of the Care Center. The event is an extremely important source of funds for helping to sustain the Excellence of Care and Facilities. Ticket sales and auction bids this year raised over \$11,000! Throughout the course of the day new and old friends shared their news and stories while being served a delicious "gourmet-Vermont" meal of roasted pork and turkey along with tasty sides of salads, beans, veggies, breads and desserts.

The day was dedicated to the memory of Bob Twiss for his many years of dedicated enthusiastic service to the Care Center as a former Board member and Board President. In later years he also



became a much-beloved resident of the Care Center. Bob was an athlete who greatly enjoyed his role of leadership in organizing numerous sports activities in the Craftsbury area. He would have much enjoyed the hefty bids at auction for the two Boston Celtic items donated by his son Jeff: a pair pf basketball shoes worn by Isaiah Thomas and a basketball signed by Head Coach Brad Stevens and General Manager Danny Ainge.

The auction was indeed a lively dynamic process led by veteran auctioneer Ron Sanville. Items included unique and fine furniture, cords of firewood, floral and vegetable plants, tickets to a Celtics game, objects d'art, and much more. The silent auction represented a vast array of gift items, gift certificates for a wide range of goods and services, arts and crafts, toys for children, to cite a few. We are reminded again of the wonderful generosity of so many individuals and businesses whose donations make this event possible. Thank you all.

We wish to express our great appreciation of the 4 C's Staff and director Kim Roberge who give extra time and effort to this complex event, extending themselves beyond their vital daily work of implementing the mission of the Care Center. The Center's handy-man-jack- of –all- trades Tim Beauregard devoted many extra hours to preparing the grounds and giving essential direction to setting up the event.

Several dozen volunteers performed countless tasks in setting up and taking down, organizing the auction items, serving the meal, and tracking the bids and finances. Inveterate computer wizard Michelle Warren created computer listings of all items in the silent and live auctions, and printed individual placards for each item. The list goes on and on... We wish to extend our heartfelt appreciation to all of you. The Green Team of the Outdoor Center again gave crucial help in erecting and taking down the big-top tent and the Craftsbury Fire Department donated use of their tent and labor. We are indebted also to the organizations and local businesses for their donations of delicious foods, and to the expert Chefs in preparing it. Pete Johnson of Pete's Greens and Todd Hardy of Thornhill Farms each donated a pig for roasting and consumption by a very hungry crowd. Board member Jane Marlin performed the Herculean duties of overall Event Coordinator, passed on by Anne Cassidy who returned from her retirement to assist.

And finally, this fund raising event would not happen without the interest and support of the families and friends who bought tickets and came to the auction. Thank you all so very much! —Debbie McKinley

Sandy Jones — Staff Spotlight

Sandy was born in West Virginia and then her family moved to Ohio for her father's work at Ford Motor Company. Sandy's mother was a home maker. One of Sandy's first jobs was working in a Metal Factory while still living in Ohio. Later she moved to Maine and worked in a shoe shop before coming to Vermont. Sandy says Vermont makes her think of West Virginia because of the mountains.

For 22 years Sandy and her companion of 25 years, Russell, have made their home in Belvidere, Vermont. Sandy has four children and five grandchildren. Two of her children live next door to her, one daughter lives in Ohio and a son in the Air Force in Utah. Pets have also been a big part of Sandy's life as she loves animals and has had a large variety of them. Other hobbies include 4-wheeler riding, kayaking and doing crossword puzzles.

Sandy has been at the 4C's since September of 2001 as an LNA/PCA working the night shift. She loves being there for the residents and meeting their individual needs as well as showing genuine care and concern for each one's well-being. A special Thank You to Sandy for all her loving care of the residents and contributions to the 4C's over the last 16 years! — Emma Pudvah

Craftsbury Community Care Center Photos







Craftsbury Community Care Center Newsletter

- Monday, Dec. 4 at 3 PM-Dorian on 0 piano
- Tuesday, Dec. 5 at 1PM Singer Carol 0 Ann Jones
- Wednesday, Dec. 6 at 2 PM Musician **Rich Atkinson and Friends**
- Monday, Dec. 11 at 1:15 PM Singer Corey Gottfried 0
- Monday, Dec. 18 at 4 PM Dorian on piano 0
- Tuesday, Dec. 26 at 3 PM Jim Flint shares experiences of running 0 marathons

Craftsbury Community Care Center

Board of Directors:

Dan Hill, President Jane Marlin, Vice President Jenny Stoner, Secretary Carolyn Ryan, Treasurer Cilla Bonney-Smith Barbara Brooke Ted Ceraldi Norm Hanson Scott Inglis Jim Jones Jeanne Joslin Mark McAndrew Deborah McKinley Ed O'Leary Emma Pudvah Anne Cassidy, honorary member Janet Long, honorary member

Executive Director:

Kimberly Roberge



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