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Craftsbury Community Care Center, Inc. is a 501(c)3 organization and Equal Housing Opportunity Facility.

Our mission is to provide a caring, homelike affordable residence for seniors, in a setting that encourages independence, activities and involvement with families, friends and the larger community.

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The following letter from the President was written by Alan before his very unexpected passing and we want to continue to share his wisdom & dedication.

Dear Friends of the Care Center-

Once a year, the members of the Care Center Board get together for a full morning in a retreat setting. We step back from the regular tasks we undertake as the governing group of the Center. We try to see the bigger picture, imagine the landscape of the Center's future, celebrate the achievements of the past year, and set priorities for the coming year.

This probably sounds boring to some people, but it is always a thoughtful, imaginative time. I'd even go so far as to say that I really look forward to these gatherings; we really have a good time together. (And we eat really well; there are some serious cooks on our Board.)

The purpose of this letter isn't to share details of all we talk about at such meetings; that actually might be boring. Rather, the reason I share this snippet of information about our work is to highlight – again – the spirit that seems, almost mystically, to govern the way work is done at the Craftsbury Community Care Center. In broad terms, our conversation always centers on three vital matters:

- How can we make the Center a better place for its residents to live?
- How can we improve the financial strength and management systems that will assure continued health and stability for the Center?
- How can we make the Center a better place to work for those who give their labors to this community?

No doubt, there can be difficult issues that arise when we treat these subjects. What can we afford? What is fair to all? How do we attend to the needs of the market for the services we provide? How do we foster a sense of community that enfolds residents, staff, families, and friends? How do we honor the dignity of all lives on a tight budget?

What never ceases to amaze me as we tread this ground is the generosity of spirit that informs such conversations. I see and hear people asking how to help, never how they can convince others of their certainties. I see staff and Board members going far beyond the call of duty to do great work, to be prepared for emergencies and complications, and to look ahead instead of backward.

I guess I shouldn't be so amazed. The Center was conceived with a spirit of generosity and genuine community. That spirit lives within the very walls of the place. It's not so difficult to see it at work, to hear its voice calling all comers to practice the same spirit. Quite simply, a generous spirit engenders more of the same. Okay, I'll stay amazed. Amazed is good.

We hope you know that you have had a hand in the nurturing of this spirit. It would never have taken root without all our friends. And we hope you'll all come to our annual Cookout and Auction on Saturday, July 23 at noon. It's not your average gathering; it's a celebration of spirit and community. Yes, that means you.

Have a wonderful summer- Alan Parker, for the Board

Resident Highlight — Bob Twiss

Bob welcomed me to his room in the Care Center the morning of our interview, with his warm smile and twinkling eyes. He is a true native. He was born in Craftsbury Village in 1925 and attended Craftsbury schools through high school, graduating from Craftsbury Academy in 1942 as a member of a class numbering 16 students.

He began college at Vermont Junior College, but left after one year to serve in the U.S. Army during WWII. He served as a military policeman (MP) in England, France and the Philippines and was honorably discharged in 1946. He then went back to school at Springfield College and UVM, receiving his Bachelor's and Master's degrees, and some years later he earned a C.A.G.S. degree from Northeastern University.

Bob's entire career was in the field of education, beginning with teaching and coaching at his alma mater, Craftsbury Academy, followed by Derby Academy, then principalships at North Troy, Newport, and Stowe, and then superintendencies at Vergennes and Randolph VT and Nauset and Harwich on Cape Cod.

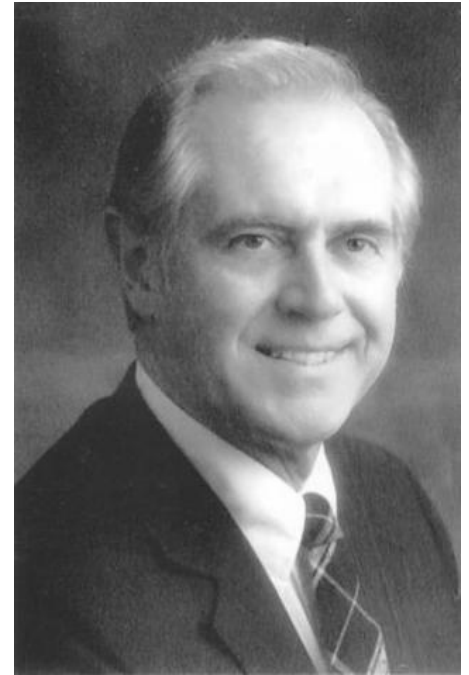
Throughout his life Bob has been an active participant in and avid fan of sports, particularly baseball and basketball. He received awards and recognition in his sports through high school and college and played in adult leagues after college, with his teams often winning championships.

He coached the Craftsbury Academy girls and boys basketball teams. He has been a lifelong Detroit Tigers fan, and I asked him how a boy from the Northeast Kingdom became a fan of a Detroit team. He told me that he spent his summers on his grandfather's farm and began to follow the Tigers in newspaper articles at a time when Detroit was one of the top teams. His son Jeffrey has been the Vice President of Public Relations for the Boston Celtics for over 30 years, so it is no surprise that Bob is a Celtics fan.

He also has a daughter, Debbie, who had a career as a dental hygienist until severe arthritis forced her retirement. She lives in Burlington. Bob was very pleased to move back to Craftsbury after retirement. He has been actively involved in a wide variety of community affairs, too many to list here, but he is particularly proud of his work on behalf of Craftsbury Academy. The Town of Craftsbury dedicated its 2016 Annual Report to Bob, a significant honor that acknowledged his many contributions to community life.

Someone told me I should ask him about his train whistle. Well, it turns out that his father worked on the railroad as a mail clerk between White River Junction, VT and Springfield, MA, sorting the mail in the mail car as the train ran between the two towns, and Bob has always loved trains. His friends Ed and Dale O'Leary gave him a whistle which has the authentic sound of the old trains, and he blows it at mealtimes at the Care Center using the same signals that trains would use - once when he is in his room before the meal (the train is in the station, people should get ready to get on board), then twice when he leaves his room (train is leaving the station), and two long, one short, one long when he is at the junction of the two hallways by the end of the desk (the signal for railroad crossings still used today). The smile on his face showed the enjoyment he gets from this, and he said that no one has complained. He would also love to find a whistle that has the lower, deeper sound of the old freight engines.

Bob has served several terms on the Board of the Craftsbury Community Care Center, including one as its president, and he said he knew this was the place he wanted to live when the time came. Bob contributes his warm smile and enjoyment of people to everyone at the Care Center, and we're very glad to have him here with us.



—Submitted by Jeanne Joslin

New Signs in Craftsbury

As most people have probably noticed there are plenty of new signs around the COC. Alex Howe and Ethan Dreissigacker (biathletes at the Craftsbury Outdoor Center—see photos right) have been working to produce a clear and consistent signage system for campus and to direct people to the COC. They also made several signs to donate to the Craftsbury Community Care Center in East Craftsbury. The signs for the CCCC, such as the Sugar on Snow pictured below, are mainly for special events.

Ethan explained the sign-making process as primarily using a computerized system (see photo to the left). Alex planed the wood for the sign boards and produced the sign designs that Ethan input into the machine located in the basement of the new Activity Center. After the machine cut the letters out, the whole sign was spray painted and then put through the machine again to remove the excess paint. Alex hangs up a new sign to direct visitors to the COC. Photo credits Heather Mooney and Maggie Fellows.



Employee Highlight — Cindy Bailey

Cindy first became involved with the 4C's shortly after it opened its doors. She would come to the center and pick up residents and bring them to her beauty shop to do their hair. She stills continues to cut and style many of the resident's hair. Then 17 ½ years ago she became an employee of the 4C's as a housekeeper and now as a part time dietary aide.

Cindy grew up in Morrisville, VT, attended Peoples Academy, and then hair dressing school. She is married to Albert Bailey and they have three sons - Travis who is 39 years old, Aaron who is 37 years old, and Justin who is 31 years old. Having three sons, working at the center and doing hair part time kept her very busy.

One of her favorite things to do is spend time with her grandchildren. She is grandmother to Wyatt (7 years old), Grayce (5 years old) and Carson (2 years old.) She is happy they all live nearby so she can see them often. In her spare time she enjoys reading, watching television and adult coloring books. Cindy loves working at the 4C's because of the wonderful residents and her great co-workers.

Thank you Cindy for all you do to make the 4C's a special place for our residents to live and for keeping them stylish with their hairdos.
—Submitted by Doreen Noyes

Perfect Sugar On Snow

As Saturday April 2nd approached, we all wondered and worried about where we would find snow – maybe deep in the woods? We considered vanilla ice cream as a substitute but learned that the ice cream would melt immediately. That was **not** a solution to the problem. Then thankfully, there came a storm of several inches of light fluffy snow. Board members and staff stock piled snow in coolers, stored it in freezers and hoped. The snow turned out to be the best in years. With Randi Calderwood boiling his maple syrup to perfection our sugar on snow was exceptional.

The array of baked goods for the Chinese Auction was equally spectacular and included casseroles, quiches, jams, breads and of course, decadent cakes. We are especially grateful to those who provided us with this year's excellent raffle prizes - to Bill Rowley who handcrafted a lovely walnut bowl, to Linda Mae Clow whose "Winter Magic" photograph was a great draw, to Vaughn Rinaldi for generously donating a lovely blue and white children's quilt and to High Mowing for a selection of spring seeds.

The gathering of friends and neighbors was both lively and full of good cheer. We fully appreciate all who purchased raffle tickets, baked for the event, worked at it and joined us at the celebration. It was an unquestionable success!

—Submitted Anne Cassidy

Cookout and Auction – July 23rd

Mark your calendars for this fun and very important fundraising event. Come with family and friends to partake in an outstanding noon meal of home-cooked food followed at 12:45 by a lively auction to benefit this very uniquely special residence.



Ron Sanville is back to run an auction featuring a number of new and unusual items. For those with a gourmet appetite there is a dinner for two at Ceraldi in Wellfleet, MA. The meal includes seven courses from a tasting menu "crafted from the season's finest and freshest locally sourced and foraged ingredients" and paired with wines. If your interest is landscaping there is a Craftsman Edger/Bevel Cutter. The golf enthusiast can bid on rounds at the Newport or Orleans Country Club. If you're musical there are two tickets to any of the 2016-17 Vermont Philharmonic performances. In addition, there will be a cord of seasoned wood, flowers and vegetables from Stillmeadow Garden, plants from Vermont Daylilies, and a glider ride from Stowe Soaring. The silent auction starting at noon includes a wide variety of gift certificates, jewelry, local pottery, children's toys and jigsaw puzzles.

Loring Darling will return to roast the pigs which are being raised and donated by Sterling College and to deep-fry turkeys. Pat Rhodes has again offered to prepare the baked beans. The meal includes green salad, coleslaw and potato salad. We can trust the ever faithful Bone Builders to supply us with an abundance of tasty cookies and brownies. Kingdom Creamery's truck will be on site to dish up chocolate, vanilla and maple ice cream. Cookout tickets are now on sale at CCCC - \$12.00 for adults; \$5.00 for children and free for children under five.

We look forward to seeing you for the noon meal and auction on the 23rd!

Craftsbury Community Care Center's Photo Gallery

Alexander Romanul performs many classical pieces beautifully.



Residents enjoy baking chocolate chip cookies



Grace and Miriam attending our annual High Tea



Ballet Wolcott performing a jazz piece



Alice Perron leads our Craftsbury Care Chorus, a favorite activity of the residents.



Miriam greets the baby chicks brought by Paula and Marcel Masse



New Board Members at CCCC

In April the board of directors of the Care Center held a retreat to plan and set goals for the next year. At this time, we welcomed three new board members. Ted Ciraldi from Craftsbury, Emma Pudvah of Hardwick and Ted O’Leary of Albany. In May, an appreciation reception for new and returning board members was held after our monthly meeting. The kitchen staff did an outstanding job going above and beyond to prepare the delicious food. It was very much appreciated by all. The board will continue to work hard to keep the 4C’s the special place that it is.

— Submitted by Doreen Noyes



Board of Directors:

- Alan Parker, President
- Anne Cassidy, Vice President
- Jenny Stoner, Secretary
- Carolyn Ryan, Treasurer
- Cilla Bonney-Smith
- Ted Ceraldi
- Dan Hill
- Scott Inglis
- Jim Jones
- Jeanne Joslin
- Janet Long, honorary member
- Jane Marlin
- Mark McAndrew
- Doreen Noyes
- Ed O’Leary
- Emma Pudvah
- Bob Twiss, honorary member

Executive Director:

Kimberly Roberge

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