



**In This Issue:**

	Page
Letter From the President	1
Ed, the Friend of Truth	2
Staff Spotlight	3
Building a Future...	3
World Book Night	3
Grand Opening	4
Photo Gallery	4
Capital Campaign Thanks	5
Sugar on Snow	6

**Letter from the President**

Dear friends of the Care Center,

On a very snowy evening in early February, I had a chance to be present at an event that, in many ways, embodies the spirit of the Craftsbury Community Care Center.

The Board of Directors hosted an Open House to thank those who have contributed to our capital campaign and to showcase one of the fruits of this campaign – the new solarium that was completed early this winter. (If you haven't yet seen this lovely and welcoming space, you would do well to do so...)

We surveyed the weather forecast a few days before the event, and it didn't look great. And sure enough, sometime during the day of the event, it began to snow. It didn't seem to want to stop. As Board members began to arrive early to set out food and refreshments, we all noted that the roads were getting a little bit dicey. "Will anyone be able to make it?" we worried.

Well, people did make it. In addition to members of the Board, some forty people arrived to share in this time of celebration. (One Board member, who couldn't make the hill to East Craftsbury, travelled the long route through Hardwick and Greensboro to reach the gathering.)

As the snow swirled around outside, the gathered crowd mingled with Care Center residents and staff. We all admired the new room; we heard a brief update on the status of the capital campaign and the improvements to the facility that the campaign has enabled; we shared stories of how we got through the snow; we got to know each other better, sharing food and fellowship.

From its very beginnings, the Care Center has been a tribute to determination, diligent effort, and a deep sense of community. This place, home to as many as twenty-four people, is an essential part of a wide and growing community, even as it is a community within itself. To see its residents sharing conversation and sustenance with those who have helped to make the Care Center the top-notch facility that it is, spoke volumes about the vitality of both this community and the care it expresses.

It hardly needs to be said that we are all partners in this expression of community. But then again, it does need to be said. We know this; we know that the best things about life itself are the result of shared vision, shared effort, and shared excitement about plans that turn into something real.

The members of the Care Center Board are deeply aware of the strength of support that the community shows, time and again, for the vision and reality that is the focus of our work. We know that it is no small matter to have asked for the kind of financial support and commitments of time and treasure that so many have made.

But when we see the real face of that support, in the form of a snowy evening gathering of residents, supporters, staff, and friends, we understand community in ever-new ways. We know that community is the real treasure, and that we build it together – even when the weather doesn't cooperate.

With gratitude,  
Alan Parker, for the Board

Craftsbury Community Care Center, Inc. is a 501(c)3 organization and Equal Housing Opportunity Facility.

Our mission is to provide a caring, homelike affordable residence for seniors, in a setting that encourages independence, activities and involvement with families, friends and the larger community.

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## Ed, the Friend of Truth

Ed Epstein was born 66 years ago in Cleveland, Ohio. He grew up in a fascinating environment. Before he was born, his parents, Rachael and Jacob Epstein, lived in New York City and were married by Gus Hall, labor leader and Chair of the American Communist Party. Among his many activities, Jake was involved in organizing the first health maintenance organization at the end of his work life. Before she was married, Rachael was a dancer. They were political, social, and civil rights activists, as well as members of the American Communist Party. They moved to Cleveland, Ohio and started their family. In the 1950's Ed's parents were blacklisted, and finding work was difficult. After blacklisting was abolished, the Epsteins' economic situation improved, and the family moved to a Jewish community in the Cleveland suburbs.

Ed has two brothers who became physicians. Ed, though, pursued an acting career. He attended Ohio University for one year where he starred in a play, "Playboy of the Western World" – quite a dashing figure! His acting talent quickly became evident, and he transferred to New York University's Tish School of Acting. He was with an extremely talented group of people. Richard Dreyfuss was one of his classmates. Ed excelled in drama, Shakespearean plays, and once had a small part in a movie, "Hospital" with George C. Scott. In 1972, this movie was awarded an Academy Award for best screenplay.

Ed also pursued the circus arts, and became a phenomenal juggler! He even spent time in France, studying pantomime under Marcel Marceau. (Needless to say, he has enjoyed going to Circus Smirkus, just down the road.)

Ed's first family included his first wife, Bronwyn, and their son, Noah. He decided that the life of an actor was not stable enough to support his family. So, Ed went back to college and earned a degree in education. He became a high school drama teacher in Newark, Delaware for seven years. Unfortunately, his marriage ended in divorce.

While teaching, though, he became increasingly aware of his students' psychological challenges. He attended Bryn Mawr College's Graduate School of Social Work and Social Research. One of his courses was taught by a young professor, Polly Young-Eisendrath. They discovered they had first met as students at Ohio University! Ed ended up with two Master's Degrees (in Social Work and in Psychological Counseling). In 1985, Ed and Polly were married, and they blended their families, with Ed's boy and Polly's boy and girl from a previous marriage.

They established a psychotherapy practice in the Philadelphia area. Their children went to Quaker-affiliated schools. In summer, their children attended, and then were counselors, at the Quaker-based Farm and Wilderness Camp in central Vermont. After bringing their children to camp, Polly and Ed would vacation in Vermont, as well.

In 1994, after the children grew up and left home, They moved to Vermont and set up professional practices (Ed in social work and Polly in psychology)- first in Burlington and then in Worcester. They became devotees of Buddhism-creating a retreat and medication center in Worcester. There was a Zen Center nearby, with which they became active.

Polly recognized that Ed was having difficulty completing documents at the age of 54. In 2007 and 2008, multiple examinations and diagnostic tests confirmed that Ed had significant early-onset Alzheimer's Disease. Ed became unable to continue in his profession. Their world was turned upside down. The transition was very difficult. With the help of the Council on Aging, however, Polly was able to work through the complex process required to ensure that Ed would have the financial stability and long-term care that he would need. While they have divorced, Polly is still Ed's significant other as his legal guardian, and is very involved in his life.

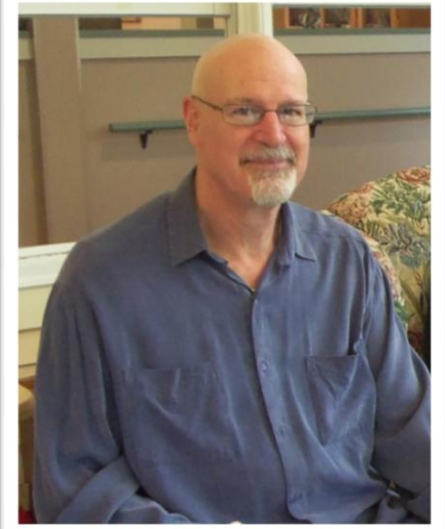
In 2009, Polly decided that Craftsbury Community Care Center was the best place for Ed to live. After checking out various facilities, Polly says, "I was drawn to the 4Cs by its serenity and the beautiful outdoor surroundings." To help with Ed's transition to the 4Cs, one of the walls in his room was painted the same color as their living room in Worcester, Vermont. "Ed is healthier here. He has even gained weight." Polly says.

When he first came to 4Cs, Ed enjoyed singing and was even involved in a reading of Hamlet with the Greensboro Arts Alliance and Residency. Ed enjoys outings twice a week with Polly – usually at the Craftsbury General Store and the Bee's Knees in Morrisville. And he loves the music activities at the 4Cs.

Shortly after Ed came to the 4Cs, Polly arranged for Ed to participate in a formal "taking refuge" ceremony at the Zen Center. Ed was given the name of Yu Shin, which means "Friend of Truth". The Zen Center continues to be a community of support for Ed. Ed has two grandchildren – Isabella 8 and Will 4. Polly has one grandchild, Clive, who is 9. Pictures of their smiling faces have a place of honor in Ed's room.

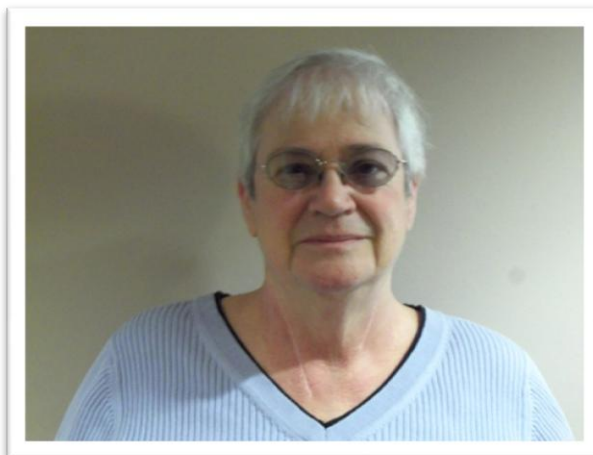
Even as his mental capabilities decline, Ed has an inner joy that frequently bubbles out in laughter! Ed is at peace at the 4Cs, while he receives compassionate care to accommodate his many needs.

—Submitted by Janney Johnston



## Staff Spotlight

Gail Durkee, Personal Care Attendant, has worked at Craftsbury Community Care Center since April 1997. She was born in Barre City and grew up in East Calais. After graduating from Twinfields High School, she worked in her uncle's shoe repair shop in Ticonderoga, NY. Thereafter, she was a housekeeper for author, Sloan Wilson ("The Man in the Gray Flannel Suit" and "A Summer Place"), and his wife – first at their huge "cottage" at Lake George. Then, she worked for Mrs. Wilson, who set up a dance studio in Ticonderoga.



After meeting and marrying her husband, she worked on the night shift at Rowan Court Health and Rehabilitation Center in Barre. They moved to Cambridge, Massachusetts, where she worked in nursing homes. After divorcing her husband, she moved back to Vermont, working again at Rowan Court, then at the MacFarland House, and Union House in Glover.

She met her boyfriend who works in Cabot and they settled in Craftsbury. They have been together for 29 years! Gail has a son who works at Cabot Creamery. She applied to Craftsbury Community Care Center initially because it was close by their home. With her great experience as a nurse's aide, she was hired. "I think of the 4Cs as my family," she says. She likes the people – the staff and the residents.

Gail has always enjoyed reading. And recently, she has discovered that she loves to join her boyfriend on his motorcycle, taking day trips around the Northeast Kingdom!

Craftsbury Community Care Center is very fortunate to have such a caring and loyal employee!

Thank you Gail for your dedication and always being just a phone call away when needed!

—Submitted by Janney Johnston

## Building A Future By Leaving A Legacy

CCCC invites your continuing support to ensure a vibrant and dependable future for this home and for its many community outreach programs. Let your legacy be one of caring for our current and future residents. When thinking about estate planning, please consider naming the Craftsbury Community Care Center in your will. Confer with your attorney or financial advisor regarding the variety of ways in which your planned giving can be tailored to suit your particular circumstances. Your legacy may be in the form of: bequests, memorial gifts, stock contributions, endowment fund gifts, and many other avenues. For more information about naming CCCC as a beneficiary, please contact our Executive Director, Kim Roberge, at 802-586-2414.

## World Book Night- April 23

**Free books?** World Book Night is an international organization whose mission is to get Free Books into many people's hands. They "spread the love of reading, person to person." Each year on April 23, Shakespeare's birthday, tens of thousands of book givers hand out ½ million free WBN paperbacks to light readers.

Due to "thumbs up" reviews from last year, Craftsbury Community Care Center staff and administrators will again receive books this April 23<sup>rd</sup>. This year's pick will be Where'd You Go, Bernadette by Marie Semple. Amelia Fritz, board member, will give books to all staff and administrators who are interested. How fun it is to share a Good Read!

—Submitted by Amelia Fritz

### Grand Opening of the Solarium

To thank those who generously contributed to the building of the new solarium, the CCCC Board hosted a festive party on the afternoon of February 5<sup>th</sup>. While a blustery heavy snow almost upstaged the occasion it did not deter a hardy and adventuresome group who gathered to enjoy punch and wine, hors d'oeuvres and fruit. The larger sunroom lent itself perfectly to the event. There was a joyous mingling of residents, Board members and guests of honor, the donors.

President Alan Parker spoke briefly, expressing the Board's gratitude for all the support the project received and reminding us that there is more work ahead to reach the Capital Campaign goal of \$300,000 . Kim Roberge, Executive Director, added her thanks to those present. The building which began with a ground breaking in early September was completed by Thanksgiving with the exception of some minor touch-up work. Northern Architectural Design Group drew the plans for the expansion and the contractor for the building was L. K. Rossi Corporation of Woodbury. We were extremely fortunate with the choice of both these companies. Board member, Bruce Sweeny, performed the duties as "clerk of the works", doing an outstanding job.



The Bone Builders are delighted with all the space now available to them, the staff is overjoyed that the dining room is no longer dismantled and reassembled at regular intervals and the Program coordinators can initiate a wider variety of activities without interrupting meetings and meals. What a difference this added space is making to all concerned, especially the residents who now spend time in the sun and are entertained by the numerous daily happenings in this inviting and attractive solarium.

—Anne Cassidy

### Photo Gallery



Cody Michaels performs on the piano during a resident tea



Residents and community members browse and talk together at Chip Troiano's Art Reception.



Children from Wonder and Wisdom afterschool program share stories and conversation with CCCC seniors.



Edward and Margaret Sparrow are crowned King and Queen of the Valentine Dance.

## Thanks To All Who Have Given To The Craftsbury Community Care Center Capital Campaign

Mrs. Henry A. Jordan  
 State of Vermont  
 Anonymous  
 Anne & Mike Cassidy  
 Ms. Joan T. Bok  
 Jane Marlin  
 Andrew & Grace McIntosh  
 The Wisdom Connection  
 Dave & Jenny Stoner  
 Dick Dreissigacker & Judy Geer  
 Susan & Ned Houston  
 Amelia & Timothy Fritz  
 A. Robert Twiss  
 Penny Schmitt  
 Francie & John Downing  
 Mr. & Mrs. Charles Goering  
 Robert & Suzanne Griffiths  
 James Gage  
 Ruth E. Lawrence  
 Bruce & Susan Sweeny  
 Merchant's Bank  
 Randi Calderwood  
 Ken & Janet Johnston  
 Janet Long  
 Alan Parker  
 Beverly Delaney  
 Paul Gruhler  
 Kinney Foundation  
 Manosh Properties LLC  
 Etta B. Peabody  
 Morris & Mary Anthony Rowell  
 Union Bank  
 Pat Lemay  
 Nat Smith & Cilla Bonney-Smith  
 Jim Jones  
 Phil Gray  
 Clive Gray  
 Michael & Nancy Lammert  
 Gertrude Beaucaire &  
 Suzanne Donnelly  
 Andy & Judy Dales  
 Michael Farney  
 Margaret Sparrow  
 Hugh Knox  
 Sally Smith  
 Meridian Sun Lodge #20  
 Robert & Susan Goodby



Leonard R. Sussman  
 Marvin & Linda Brown  
 Todd D. Hardie  
 Mark Lichtenstein, M. D. &  
 Cynthia West  
 Jacqueline Molleur  
 George & Elinor Osborn  
 Larry & Sara Gluckman  
 Rick & Linda Ely  
 Evelyn Frisbee  
 Tim & Nancy Howes  
 Nelson & Jan Maynard  
 Valerie Morrison  
 Laura Levine Noble  
 Kathryn & Tom Twetten  
 Charles & Kathleen Volk  
 Jacqueline Walton  
 Fielda Calderwood  
 Sally P. Lonegren  
 Margaret M. Ramsdell  
 Jane Sprenger  
 Craftsbury Homemakers Club  
 Sharyn & Charles Baier  
 Rodolph Chase  
 Ron & Ruth Curtiss  
 Mary Jane Dexter  
 Liz & Jim Downing  
 Frank & Jane Emanuel  
 Virginia Jenks Flanders  
 Diane Irish  
 Fred's Plumbing & Heating  
 Carl Harvey  
 Carolyn Ryan  
 Ms. Francis Hays  
 Donna Jenckes  
 Eunice Kinsey  
 Michelle Warren  
 Margaret T. Lipscomb  
 Carolyn Norris-Baker  
 Paula Ratchford  
 Johanna & John Laggis  
 Dr. & Mrs. Joel Silverstein  
 Janet Travers  
 Gwen Bueckendorf  
 John & Marianne Weaver  
 Jean W. Whitall



Stephanie Herrick  
 Mr. & Mrs. Robert Gilprin, Jr.  
 Don & Mabel Houghton  
 Currier's Quality Market  
 Arthur Day  
 Bob & Cheryl Dewees  
 Rachel Farrar  
 Andrea Higginbottom  
 Earl & Deborah Kasper  
 Larry & Miriam Lanata  
 Robert & Linda Libby  
 Margaret Maser  
 Ellen Mass  
 James Peale  
 Horace & Shirley Strong  
 Mary Witherbee  
 Julianne Von Hessert  
 Sybil Ainsworth  
 Earl & Barbara Coolbeth  
 Clara Day  
 Jean Haigh  
 Marsha Harvey  
 Milburn & Ercel Harvey  
 Sarah S. Hedberg  
 Marcel & Pauline Locke  
 John Loeb & Anna Belle  
 Alan & Susie Lukens  
 Elias Lyman Jr.  
 Addison H. Merrick  
 Jollie D. Parker  
 Stuart & Lucille Sanville  
 Robert & Margaretha Hamerschlag  
 Bread & Puppet Theatre  
 Marion Babbie  
 Ms. Mary Morin  
 Helen Renaud  
 Ms. Fay Waterhouse

## Sugar on Snow Party at Craftsbury Community Care Center



Join your friends and neighbors at this year's Sugar on Snow Party, Saturday, March 29<sup>th</sup> from 2:00 to 4:00 p.m. at CCCC. There will be plenty of Randi Calderwood's award winning maple syrup to pour over snow, donuts and pickles, too. The very popular Chinese auction will feature delicious baked goods, everything from breakfast coffee cakes and muffins to the most decadent chocolate desserts.

Our raffle prizes are as exciting as they are extraordinary! They include local resident Liz Nelson's



framed print titled "Winter Road"; two handcrafted wooden cutting boards from Sterling College student;

an children's quilt made by Vaughn Rinaldi; and 30 packages of High Mowing seeds for summer planting. Raffle tickets (\$1 apiece or 6 for \$5) are now on sale at CCCC.

Don't miss this opportunity to see the new CCCC sunroom, be well entertained and support this unique and wonderful residence — Saturday, March 29<sup>th</sup> at 2:00 p.m.



Ethan Higgins, a talented enchanting and colorful



### Board of Directors:

- Alan Parker, President
- Anne Cassidy,  
Vice President
- Jenny Stoner, Secretary
- Larry Gluckman, Treasurer
- Amelia Robinson-Fritz
- Diane Irish
- Jim Jones
- Janet Johnston
- Johanna Laggis
- Janet Long (honorary member)
- Jane Marlin
- Bob Twiss
- Bruce Sweeny
- Michelle Warren
- Julian Sharp
- Cilla Bonney-Smith

### Executive Director:

Kimberly Roberge

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