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June 2014

Craftsbury Community Care Center

In This Issue:

	Page
Letter From the President	1
Norma Noyes	2
Volunteer Help	2
Spotlight on Volunteers	3
Board of Directors	3
Naming of Community Room	4
Photo Gallery	4
CCCC Cookout & Auction	5
Upcoming Events	6

Craftsbury Community Care Center, Inc. is a 501(c)3 organization and Equal Housing Opportunity Facility.

Our mission is to provide a caring, homelike affordable residence for seniors, in a setting that encourages independence, activities and involvement with families, friends and the larger community.

Craftsbury Community Care Center 1784 East Craftsbury Road Craftsbury, VT 05826 Phone: 802.586.2414 Email: ccccenter@myfairpoint.net

Letter from the President

Dear friends of the Care Center,

One of the tasks of our Board of Directors is to figure out the tricky balance between seeing the Care Center as a business and as **much more than a business**. I suppose that balance is true to some degree in any institution, whether it's a non-profit organization or a village store that is both trying to support the family that owns it and, as well, serving as a place of gathering and community.

Yet at this place, which is everyday home for some twenty-four people, there is, perhaps, a particular sense on the part of those who manage and oversee the Care Center that we are charged with caring both for its residents – its citizens - and for the monies that keep the doors open. Great challenges are usually great gifts; this is very much so here. Our Board does a first-rate job of attending to the business of this place, and we do so because we cherish the community that it engenders and hosts.

In a way, the annual Care Center Cook Out and Auction (July 26 at noon! Save the date!) embodies the relationship between the financial side of this community and the people side. It's an "all-hands-on-deck" day for the members of the Board. We peel potatoes, solicit items for the auction, set up tables and chairs, organize the auction book, bake rolls, and serve meals to all comers. (We also clean up after everyone has gone home!) It's a significant part of the Board's commitment to raising supplemental funds that help to underwrite the costs of the Care Center's operation.

And then the really cool thing happens; the people show up. (Be assured; we are very, very glad that you come!) Not just because your presence and your auction purchases help the Care Center financially, but also because we get to witness community in action.

Most of us are probably aware of at least a few people we've known who, in their later years, end up living in loneliness and isolation. We know this should not be, but it does happen. Yet, here at the Care Center – and symbolically so on the day of the Cook Out – we see the real joy and purpose of community. Folks who come for the event mingle with the people who live here; old friendships are refreshed and new ones are made. The Board and staff contribute their continuing presence and labors, and we see anew the real size – and purpose of this community we call the Care Center – this community (as I've said before in this space) within a community.

By the way, the Board was glad to welcome two new members at its May Annual Meeting. Doreen Noyes of Hyde Park and Carolyn Ryan of Craftsbury are great additions to our group, and both know the Care Center well, having had relatives living here at various times. We said grateful farewells in May to Board members Janney Johnston and Amelia Fritz. Their faithful work during their respective terms has left sweet handprints on this place – maybe not literally, but you know what I mean...

Please join us on July 26 for the Cook Out and auction. You're part of this community too; if you don't sense that yet, you surely will.

With grateful thanks and welcome, Alan Parker, Board President, for all members of the Board

Norma Noyes

Norma Noyes was born Norma Rich on May 15, 1920 in North Bennington, Vermont. She had two older sisters and one older brother. She was the baby of the family as well as the littlest, so she was fondly called "Peanut". Her grandfather was a respected life-long employee of the local McCullough family where he stabled the prominent Vermont family's horses and chauffeured family members by horse-and-buggy. Norma is still proud of the imposing granite wall surrounding the McCullough estate that her grandfather helped built.

In North Bennington High School, Norma could not resist the charms of Harry Noyes, a local classmate – and thus began a loving relationship that would include a marriage of 71 years.



Harry and Norma moved often as Harry climbed the professional educator's ladder. They lived in North Bennington, Lebanon (NH), Waitsfield, Hardwick, Arlington, Perth (NY), Essex Junction, Jericho, Hyde Park, and Westminster, finally retiring for many years to Ocala, Florida – but always keeping their little brick house in North Bennington that they build as a very young couple Along this journey, Norma and Harry had five boys: Allan, Billy, Jimmy, Robbie and Ricky. She is now blessed with 13 grandchildren and a growing number of great-grandchildren. Norma's primary job was raising her sons and maintaining a stable home-life for her family. While doing so, Norma was always engaged in participating in local charitable organizations and always had time to help out someone in need.

Norma has a wonderful sense of humor and bit of a sweet tooth for chocolate and coffee ice cream! Norma loves music and enjoys knitting and reading. Her favorite past time is watching the many birds that visit her bird feeders every day.

After her husband died in 2012 she moved to CCCC to be closer to her son that lives in Hyde Park. She is happy living here and appreciates how friendly and helpful everyone is to her. She loves walking the halls and beeping the horn on her walker.

- Submitted by Doreen Noyes

Volunteer Help

You may not realize what a significant difference volunteers make to our residents and staff. They are a corps of the most dedicated and helpful people imaginable. Wouldn't you like to join this very special group by driving residents to medical appointments, providing activities in the evenings or on weekends or perhaps you have a talent or hobby you could share with the residents. If you are interested, please call Kim Roberge, Executive Director, or Barb Flint, Activities Team Leader, at 586-2414. We hope to hear from you!

Submitted by Anne Cassidy

Spotlight on Volunteers

TIM PATTERSON AND HIS DOG, WILSON

Probably you will see Wilson before noticing Tim Patterson, the charming young man who accompanies him. Wilson is big, energetic, very friendly and decidedly canine. Technically Wilson is a ten year old, 100 pound schnoodle (half schnauzer and half poodle). He has the sweetest disposition but, also, separation anxiety disorder which leaves a trail of damage and disruption when he is left alone. Visiting CCCC is the perfect antidote – he just loves company and the residents love him. Tim inherited his dog several years ago when Wilson's former mistress in Cabot could no longer care for him.

Tim is the Director of Admission at Sterling College and

just as friendly and engaging as Wilson. He has been at Sterling for the past four years and in his current position for a year and a half. His family moved to Craftsbury from Connecticut when Tim was twelve. He attended the Craftsbury Academy, then high school in St. Johnsbury before going on to Williams College. After he graduated he taught English in Japan, and while living throughout Southeast Asia wrote articles and travel guides. Before settling down back in Craftsbury, he ventured to Patagonia to work as a tour guide for that region. Tim's favorite interests involve anything outdoors especially fishing, hunting, golf and hiking.

Tim and Wilson were recruited about two years ago by Barb Flint. Being a neighbor to the Care Center Tim was always aware of its presence and outstanding reputation in the community. Wilson definitely looks forward to his visits, wagging his tail as soon as he spots the doorway. Tim appreciates the joyful rapport with the residents and the warmth shown by the staff. CCCC is wholeheartedly grateful for Tim and for Wilson. — Submitted by Anne Cassidy

Craftsbury Community Care Center Board of Directors

Volunteers can be a large piece of the heart of any operation. In the case of Craftsbury Community Care Center that is definitely true. The volunteer Board of Directors at the 4C's is one of the most dedicated, supportive, interactive and hardworking boards I have ever encountered. They are committed to attending board meetings, working on projects outside of the daily operations of the facility, fundraising, marketing and promoting growth. Throughout the year they find ways to show the staff how much they appreciate the commitment and hard work that is done every day to provide a safe and healthy environment for the residents. Their caring and commitment in helping Craftsbury



CCCC Welcoming New Board Members

Community Care Center continue to be a wonderful home-like independent living facility for seniors is one I am so glad I have the opportunity to experience.

 THANK YOU BOARD OF DIRECTORS FOR YOUR WEALTH OF KNOWLEDGE AND HANDS ON APPROACH. WE COULDN'T DO IT

 WITHOUT YOU!

— Submitted by Kimberly Roberge



June 2014

Naming of the Community Room

After much discussion, Craftsbury Community Care Center's board, staff and residents chose "Community Room" for the new addition. The name Community Room has special meaning to us because it's a not just a space for the 4C's to use, but also for the community. We've been able to use the Community Room for numerous events and activities. Groups, such as bone builders, have also been able to enjoy the Community Room.

If you haven't had a chance to check out our new Community Room, please stop by!

- Submitted by Michelle Warren



Photo Gallery



Community and family members join residents for a lovely "High Tea" hosted by volunteers Linda Scott and Marj Morrill.



Professional & compassionate singer Mark Shelton keeps us moving and singing with songs from Elvis to Tony Bennett.



Ed and friends cuddle and pet a premature lamb. Thanks to Doug Calderwood and his girlfriend Taylor who are caring for it.



Fran and residents enjoy an outdoor BBQ. The sunshine, breeze, and food were just right!

Annual Cookout and Auction

Mark your calendar – Saturday, July 26th! The CCCC Board's major fundraising event is a few weeks away. Please bring your family and friends to our delicious meal of home-cooked food followed by the lively auction in support of this very special residence.

A one night stay for two at the luxurious Stowe Mountain Lodge's Timberline Studio (valued at \$600) and a four person tour of the Cellars at Jasper Hill (priceless) will headline the live auction which Ron Sanville will begin at 12:45 p.m. Among the other exciting auction items are Boston Celtic tickets, a Gondola ride for four to just below the Mount Mansfield summit, an hour's plane ride for two persons, gourmet cheesecakes for your next dinner party or family gathering,



two hours of consulting from Forestry Manager, Ross Morgan, an Elinor Osborne photograph, a Dave Brown wooden bowl and several hours of landscaping and gardening from Laura Hill. The silent auction, starting at noon, will showcase a wide variety of gift certificates, jewelry, local pottery pieces, children's games and puzzles.

This year in addition to the traditional deep-fried turkey, we will be serving roast pork – the pigs are being raised and donated by Sterling College. Pete's Greens and Robert Linck are supplying the potatoes and lettuce for salads which will be accompanied by baked beans and Alan Parker's wonderful potato rolls. Once again the CCCC Bone Builders have agreed to bake a delectable array of cookies and brownies for dessert.

Cookout tickets are now on sale at CCCC - \$10.00 for adults; \$5.00 for children and free for children under five.

We look forward to seeing all of you for the noon meal and auction on the 26th!

- Submitted by Anne Cassidy



CCCC 2013 Cookout



CCCC 2013 Auction

Upcoming Events at CCCC:

- Mondays & Thursdays: Bone Builders exercise program 10 AM to 11:15 AM
- Wednesday, July 2: Rich Atkinson plays the Mandolin starting at 3 PM
- Monday, July 7: Sentimental Journey Singers Lynn Birdsall & Ryk Loske at 3 PM
- Tuesday, July 8: Sally Smith shows her mini-horses and riding cart at 3 PM
- Friday, July 11: Skip Sedore & his friends play and lead a sing-a-long at 2 PM
- **Tuesday, July 15:** Dave Linck arrives in a Revolutionary War Uniform to discuss our history starting at 10:30 AM
- Tuesday, July 15: Don Houghton leads a sing-a-long at 3:30 PM
- Friday, July 18: Artist Reception with Ken Wethebee at 3 PM
- Saturday, July 19: Northern Lights Singing Group performs at 9:30 AM
- Sunday, July 20: Bill Eisner performs on the Harp at 3:30 PM
- Saturday, July 26: Community BBQ and Live Auction beginning at noon
- Monday, July 28: Music with Larry and Lynn Beaurdry at 3 PM

Craftsbury Community Care Center Newsletter

Board of Directors:

Alan Parker, President Anne Cassidy, Vice President Jenny Stoner, Secretary Larry Gluckman, Treasurer **Diane Irish** Jim Jones Johanna Laggis Janet Long (honorary member) Jane Marlin **Doreen Noyes** Carolyn Ryan Julian Sharp Bruce Sweeny Cilla Bonney-Smith **Bob Twiss** Michelle Warren

Executive Director:

Kimberly Roberge



Craftsbury Community Care Center

